

### Job Description

**Job Title: Care Worker**

**Reports to: Care Coordinator**

**Purpose:**

To assist Clients to retain as much independence as possible, whilst carrying out duties in a caring and sensitive manner. Domiciliary care is the provision of Domestic, Personal and any associated tasks necessary to maintain the Client at home. It is an “enabling” rather than a “doing” role.

**Key Tasks**

- ❖ To assist Clients in a discreet way mindful of their right to privacy, choices, dignity and independence.
- ❖ Working with the Client, establish a routine of care which meets their needs and preferences.
- ❖ Listening to the Client and liaison where necessary in order to assist the Client to access other agencies e.g. health professionals, meal delivery etc.
- ❖ The Care worker must be Client focused and aware the Client’s needs and preferences are paramount at all times.
- ❖ All Care worker training is mandatory and any training considered relevant to the post must be undertaken and completed within the agreed time scales.

### Task List

**Personal** could include: Washing, showering, bathing, dressing, shaving and all tasks of a personal and “touching” nature.

**Domestic** could include: Pension collecting, shopping, bills/banking, bed making, cleaning and vacuuming.

**Support** could include: Escorting to visits, e.g. Doctor, Chiropodist, Dentist etc, meal preparation, household budgeting, letter writing and social activities.

This list is intended as illustration only and is not exhaustive or exclusive.

### **Person Profile:**

- ❖ Able to work on their own or as part of a team, with good organisational skills.
- ❖ “People” skills, with some experience of working with the public.
- ❖ Able to remain calm whilst under pressure.
- ❖ Enjoys learning and participating in new experiences, gaining new skills.

### **Tasks classed as “Nursing” are not within this remit.**

This includes:

- ❖ Manual Evacuation
- ❖ Any invasive treatment
- ❖ Injections

Transfers are undertaken only where there is a Moving and Handling Plan and it is safe to do so with Staff who have had relevant training.  
Staff must not lift Clients from the floor.

If in doubt, seek advice from the Supervisor, Manager or On Call Manager as appropriate.